

WINTER/SPRING MENU 2017/18



Meat Free Monday

Traditional Tuesday

World Food Wednesday

Thursday Favourites

Fish Friday

Week 1

Vegetarian Bolognese
Cheese Whirl with Tomato Sauce
Jacket Potato Selection
Chipped Potatoes or Wholemeal Spaghetti
Mixed Vegetables
Tutti Frutti Yoghurt

Baked Sausages, Yorkshire Pudding & Onion Gravy
Spanish Omelette
Tomato & Herb Pasta
Mashed Potatoes
Cabbage & Carrots
Chocolate & Mandarin Dessert

Tandoori Chicken
Chickpea & Tomato Curry
Hot Sandwich Special
Baked Jacket Wedges
Mini Corn on the Cob
Parsnip & Apple Sponge with Custard

Beef Stew & Dumplings
Cheese & Potato Bake
Bolognese Pasta
Sliced Malted Bloomer
Beetroot & Carrots
Fruit Salad with Mango
Frozen Yoghurt

Fish Fingers
Tomato & Mascarpone Pasta
Filled Baguette Selection
Mashed Potatoes
Garden Peas
Jelly & Fruit

Week 2

Vegetable Quiche
Neapolitan Pasta
Jacket Potato Selection
Mashed Potatoes
Garden Peas & Sweetcorn
Fruit Salad with Strawberry Yoghurt

Roast Dinner & Gravy
Quorn Sausage & Gravy
Filled Bloomer Selection
Roast & Creamed Potatoes
Carrots & Sweetcorn
Chocolate & Pear Sponge with Custard

Chicken Curry
Homemade Pizza Slices
Jacket Potato Selection
Sunshine Rice
Baked Beans,
Mini Corn on the Cob
Cheese & Crackers with Apple & Cucumber Sticks

Lamb Bolognese
Veggie Chilli con Carne
Hot Stuffed Tortilla Boat
Wholemeal Spaghetti or Brown Rice
Mixed Vegetables
Fruit Dessert Selection

Fish Goujons
Vegetable Pasta Bake
Homemade Soup & Sandwich Selection
Chipped Potatoes
Mushy Peas
Melon Boat

Week 3

Homemade Pizza Slices
Veggie Chilli con Carne
Tomato & Herb Pasta
Baked Jacket Wedges
Mini Corn on the Cob
Fruit Salad & Ice Cream

Traditional Lancashire Hotpot
Tomato & Herb Pasta
Jacket Potato Selection
Sliced Baguette
Beetroot & Carrots
Cheese & Crackers with Carrot & Cucumber Sticks

Chicken & Vegetable Pie with Gravy
Vegetarian Sausage Roll with Tomato Sauce
Tomato & Mascarpone Pasta
Chipped Potatoes
Mixed Vegetables
Oat Crunchie with Fruit Slices

Chilli Con Carne
Bean & Cheese Wrap
Homemade Soup & Filled Sandwich
Baked Jacket Wedges
Broccoli
Fruit Dessert Selection

Salmon & Sweet Potato Fishcakes
Cheese Omelette
Jacket Potato Selection
Mashed Potatoes
Garden Peas
Peach Melba

The Fresh Fayre Gang - making your school dinners taste great!

St John Bosco