

LUNCH TIME MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

1. Pizza with Wedges and Sweetcorn
 2. Vegetarian Sausage Rolls with Beans
 3. Sandwiches Tuna/Cheese/Egg
- pudding - Frozen Yogurt with Fresh Fruit

1. Chicken Curry with Rice and Green Beans
 2. Cheese Flan with Beans
 3. Jacket Potato with Cheese/Beans/Tuna
- pudding - Linzi's Yummy Homemade Cookies!

1. Bolognese (beef) with Wholemeal Spaghetti and Carrots
 2. Sandwiches Salmon & Tuna Mix/Ham/Egg
 3. Omelette with Herby Potatoes and Carrots
- pudding - Scrumptious Apple Crumble with Custard!

1. American Cheese Burger with Fries and Corn on cob
 2. Quorn Dippers with Fries and Corn on cob
 3. Pasta with Italian Garlic Bread
- pudding - Fruity Yogurts

1. Harry Ramsdens Fish with Mash and Peas
 2. Hot Sandwiches
 3. Jacket Potato with Cheese/Beans/Tuna
- pudding - Sunshine Peach Melba

Week 2

1. Swirly Whirly Cheese Whirls with Beans
 2. Jacket Potato with Cheese/Beans/Tuna
 3. Pasta with Italian Garlic Bread
- pudding - Linzi's Yummy Homemade Cookies!

1. Sweet 'n' Sour Chicken with Rice and Sweetcorn
 2. Soup and Sandwich
 3. New York's Mac 'n' Cheese with Garlic Bread
- pudding - Yogurts or Fresh Fruit

1. Sizzling Silly Sausages with Mash, Peas, Carrots and Gravy
 2. Omelette and Beans
 3. Jacket Potato with Cheese/Beans/Tuna
- pudding - Strawberry Mousse or Fresh Fruit

1. Caribbean Chicken with Sunshine Rice and Corn on Cob
 2. Quorn Korma with Sunshine rice
 3. Sandwiches Cheese/Turkey/Tuna
- pudding - Banana & Chocolate Cake!

1. Cod & Salmon Nugget's with Fries and Pea's
 2. Beans and Cheese Wraps
 3. Quorn Dippers with Fries and Peas
- pudding - Yogurts or Fresh Fruit

Week 3

1. Chilli Con Carne with Rice
 2. Pizza Sticks with Beans
 3. Sandwiches Tuna/Ham/Egg
- pudding - Yogurts or Fresh Fruit

1. Roast Dinner with all the trimmings
 2. Vegetarian Sausages with all the trimmings
 3. Pasta with Italian Garlic Bread
- pudding - Beetroot Chocolate Muffins

1. Meatballs with Wholemeal Spaghetti and Carrots
 2. Chilli/Cheese or Beans/Cheese Boats
 3. Jacket Potato with Cheese/Beans/Tuna
- pudding - Santa's Favourite "Arctic roll with pineapple"

1. Chinese Chicken Curry with ½ Rice / ½ Chips
 2. Cheese 'n' Onion Rolls with Beans
 3. Pasta with Italian Garlic Bread
- pudding - Linzi's Yummy Homemade Cookies!

1. Fish with Mash and Peas
 2. Hot Sandwiches Cheese & Ham / Pulled Pork
 3. Jacket Potato with Cheese/Beans/Tuna
- pudding - Wibble Wobbly Jelly & Fruit